



MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES  
 BUREAU OF COMMUNITY FOOD AND NUTRITION ASSISTANCE  
 CHILD AND ADULT CARE FOOD PROGRAM  
**INDIVIDUAL INFANT MEAL RECORD BIRTH-5 MONTHS (5 DAY)**

Infant's Name		Age in months	Date of Birth / /
Center/Provider	Breastmilk <input type="checkbox"/> Yes <input type="checkbox"/> No	Formula Type	Claim Month/Year /

Claim only approved meals. Meals claimed  Breakfast  Snack  Lunch  Supper

Requirements	Date / /		Date / /		Date / /		Date / /		Date / /	
	Amount Eaten	Time	Amount Eaten	Time	Amount Eaten	Time	Amount Eaten	Time	Amount Eaten	Time
4-6 fluid ounces of breastmilk or iron fortified formula										
4-6 fluid ounces of breastmilk or iron fortified formula										
4-6 fluid ounces of breastmilk or iron fortified formula										
4-6 fluid ounces of breastmilk or iron fortified formula										
4-6 fluid ounces of breastmilk or iron fortified formula										
4-6 fluid ounces of breastmilk or iron fortified formula										
4-6 fluid ounces of breastmilk or iron fortified formula										

- <sup>1</sup> Breastmilk or formula, or portions of both, must be served; however, it is recommended that breastmilk be served in place of formula from birth through 11 months. For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered at a later time if the infant will consume more.
- <sup>2</sup> Infant formula and dry infant cereal must be iron-fortified.
- <sup>3</sup> Beginning October 1, 2019, ounce equivalents are used to determine the quantity of creditable grains.
- <sup>4</sup> Yogurt must contain no more than 23 grams of total sugars per 6 ounces.
- <sup>5</sup> A serving of this component is required when the infant is developmentally ready to accept it.
- <sup>6</sup> Fruit and vegetable juices must not be served.